

What Are My Core Values?



What are my core values?

- Look at the list of values and add any that are not listed. Place a star by the values that are important to you.
- Completing the next page, narrow your list to the fifteen values that are most important to you on the next page.
- From the list of 15, choose the top five.
- From the list of the top five, choose the top three.
- Choose the value that is the most important to you.

| | | | |
|------------------------|-----------------|---------------------|--------------------|
| Accomplishment | Diversity | Integrity | Satisfying others |
| Accountability | Dynamism | Intelligence | Security |
| Accuracy | Economy | Intellect | Self-actualization |
| Achievement | Effectiveness | Intuition | Self-control |
| Adventurousness | Efficiency | Joy | Selflessness |
| Altruism | Elegance | Justice | Self-reliance |
| Ambition | Empathy | Knowledge | Sensitivity |
| Assertiveness | Enjoyment | Leadership | Serenity |
| Authenticity | Enthusiasm | Legacy | Service |
| Balance | Equality | Love | Shrewdness |
| Beauty | Excellence | Loyalty | Simplicity |
| Being the Best | Excitement | Making a Difference | Skill |
| Belonging | Expertise | Mastery | Soundness |
| Boldness | Exploration | Meaning | Speed |
| Calmness | Expressiveness | Merit | Spirit |
| Carefulness | Fairness | Money | Spontaneity |
| Challenge | Faith | Obedience | Stability |
| Cheerfulness | Family | Openness | Status |
| Clarity | Fidelity | Order | Strategic |
| Collaboration | Fitness | Originality | Strength |
| Commitment | Fluency | Patriotism | Structure |
| Communication | Focus | Peace | Success |
| Community | Freedom | Perfection | Support |
| Compassion | Friendship | Personal Growth | Teamwork |
| Competence | Frugal | Piety | Temperance |
| Competition | Fun | Pleasure | Thankfulness |
| Concern for Others | Generosity | Positivity | Thoroughness |
| Consistency | Goodness | Power | Thoughtfulness |
| Contentment | Grace | Practicality | Timeliness |
| Continuous Improvement | Gratitude | Preparedness | Tolerance |
| Contribution | Growth | Privacy | Traditionalism |
| Control | Happiness | Problem Solving | Tranquility |
| Cooperation | Hard Work | Professionalism | Trustworthiness |
| Coordination | Harmony | Progress | Truthful |
| Correctness | Health | Prosperity | Truth-seeking |
| Courtesy | Helping Society | Prudence | Understanding |
| Creativity | Holiness | Punctuality | Uniqueness |
| Curiosity | Honesty | Quality | Unity |
| Decisiveness | Honor | Reliability | Usefulness |
| Democracy | Humility | Resourcefulness | Variety |
| Dependability | Independence | Respect for Others | Vision |
| Determination | Ingenuity | Responsiveness | Vitality |
| Devoutness | Inner Peace | Restraint | |
| Diligence | Innovation | Results-oriented | |
| Discipline | Inquisitiveness | Rigor | |
| Discretion | Insightfulness | Safety | |

Top 15 values that are most important to you.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____

Top five values most important to you.

1. _____
2. _____
3. _____
4. _____
5. _____

Top three values most important to you.

1. _____
2. _____
3. _____

Which core value is most important to you?

1. _____

Why?
